

	Dummy variables		<i>n</i>	<i>f</i>	%	<i>xM</i>	<i>sD</i>		
Sociodemographic variables									
Gender	1	M	195	41	21.0				
	2	F		79	79.0				
Marital status	1	Single	195	107	54.9				
	2	Married/cohabiting		79	40.5				
	3	Divorced/separated		7	3.6				
	4	Widowed		2	1.0				
Education level	1	Primary	195	1	0.5				
	2	Middle school		6	3.1				
	3	High school		42	21.5				
	4	Bachelor's degree or equivalent		45	23.1				
	5	Master's or equivalent		76	39.0				
	6	Doctorate or equivalent		25	12.8				
Household composition	1	Alone	195	31	15.9				
	2	Spouse		66	33.8				
	3	Dependent children < 18 years		6	3.1				
	4	Parents		23	11.8				
	5	Other family members		10	5.1				
	6	Other unfamiliar members		14	7.2				
	7	More than one		45	23.1				
Economic variables									
Current employment	3	Self-employment	195	42	21.5				
	4	Employee		73	36.9				
	5	Unpaid collaborator		2	1.0				
	6	Unemployed		20	10.3				
	7	Retired		4	2.1				
	8	Student		39	20.0				
	9	Other		15	7.7				
	Family income contribution	1		Self	195	46	23.6		
		2		Partner		22	11.3		
3		Other family member(s)	59	30.3					
4		More than one	68	34.9e					
Monthly expenses	1	< € 635	195	27	13.8				
	2	€ 636 – € 1270		73	37.4				
	3	€ 1271 – € 2540		79	40.5				
	4	€ 2541 – € 5080		15	7.7				
	5	€ 5081 – € 9525		1	0.5				
Socioeconomic changes during COVID-19 pandemic									
Occupation	1	Smartworking	115	58	29.7				
	2	In workplace		42	21.5				
	3	Other		15	7.7				
Hours of daily work	1	< 6 h	95	32	16.4				
	2	6 – 10 h		53	27.2				
	3	> 10 h		10	5.1				

Socioeconomic changes during COVID-19 pandemic					
Change in employment		Job loss	195	16	8.2
		Job change		5	2.6
		Found a job		3	1.5
		Spend more hours working		44	22.6
		Spend fewer hours working		56	28.7
		Stopped being promoted or demoted		3	1.5
		Promoted		6	3.1
		Salary reduction		28	14.4
		Job instability		37	19.0
		Fewer business rewards		4	2.1
		No changes		68	34.9
	Family income changes	1	Increased by <50%	195	10
2		Stayed the same		76	39.0
3		Decreased by <50%		81	41.5
4		Decreased by >50%		28	14.4
COVID-19 disease					
Subjects at risk in the family	0		195	167	85.6
	1			19	9.7
	2			8	4.1
	3			0	0
	4			1	0.5
Having coronavirus	1	Yes	195	2	1.0
	2	No		167	85.6
	3	Not sure		26	13.3
Cohabiting with subjects infected by coronavirus	1	Yes	164	2	1.2
	2	No		145	88.4
	3	Not sure		17	10.4
Friends infected by coronavirus	1	Yes	195	64	32.8
	2	No		112	57.4
	3	Not sure		19	9.7
Social isolation and perception of risk					
Being in social isolation	1	Yes	195	108	55.4
	2	No		87	44.6
Reason for social isolation	1	To avoid being infected	108	26	13.3
	2	To avoid infecting others		16	8.2
	3	To obey the authorities		60	30.8
	4	Other reason		6	3.1
How many times a week leaving the house	1	Never	195	50	25.6
	2	1 – 3		103	52.8
	3	4 – 6		28	14.4
	4	>7		14	7.2
Chronic diseases during COVID-19 lockdown					
Chronic disease	1	Yes	195	34	17.4
	2	No		161	82.6
Type of disease		Hypertension	28	1	3.6
		Allergy		1	3.6
		Diabetes		1	3.6
		Depression		1	3.6
		Other		2	7.1
		More than one		22	78.6

Pain during COVID-19 lockdown						
Chronic pain	1	Yes	195	28	14.4	
	2	No		167	85.6	
Pain duration	1	<3 months	28	4	14.3	
	2	3 – 6 months		5	17.9	
	3	7 – 11 months		3	10.7	
	4	1 – 2 years		5	17.9	
	5	3 – 4 years		7	25.0	
	6	5 – 9 years		2	7.1	
	7	>10 years		2	7.1	
Pain intensity	1		27	4	14.8	
	2			3	11.1	
	3			4	14.8	
	4			4	14.8	
	5			4	14.8	
	6			3	11.1	
	7			1	3.7	
	8			1	3.7	
	9			3	11.1	
	10			0	0	
	11			0	0	
Pain relief drugs	1		27	8	29.6	
	2			1	3.7	
	3			5	18.5	
	4			4	14.8	
	5			3	11.1	
	6			0	0	
	7			0	0	
	8			2	7.4	
	9			3	11.1	
	10			0	0	
	11			1	3.7	
Psychosocial dimensions						
General health appraisal	1	Great	195	42	21.5	
	2	Very good		65	33.3	
	3	Good		62	31.8	
	4	Discreet		20	10.3	
	5	Bad		6	3.1	
Quality of life appraisal	1	Great	195	12	6.2	
	2	Very good		56	28.7	
	3	Good		72	36.9	
	4	Discreet		47	24.1	
	5	Bad		8	4.1	
Perception of gravity of COVID-19		0 – 10 (nothing serious to very serious)	195		8.44	2.18
Perception of risk to have COVID-19		0 – 10 (nothing-totally)	195		7.19	2.55
Trust in the National Health System to handle the pandemic		1 – 5 (nothing-totally)	195		3.44	0.98

Worry for		0 – 10 (nothing-totally)	195		
	a	Health		4.85	2.30
	b	Food		3.51	2.27
	c	Work		4.90	2.62
	d	Mortgage		3.53	2.73
	e	Fixed Cost		3.67	2.63
	f	Income		4.30	2.73
	g	Future		6.60	2.55
	h	Children education		3.70	2.74
	i	Relationship		4.11	2.61
	l	support others		4.14	2.41
	m	being supported		3.79	2.29
	n	other		2.88	2.34
Factorial analysis	*1	Sustenance worry (b + c + d + e + f + g)			
	*2	Family well-being worry (a + b + h + l + m + n)			
Interference		0 – 10 (nothing-completely)	195		
	a	Life in general		7.31	2.32
	b	Relationships		6.83	2.82
	c	Work		6.73	3.01
	d	Motivation to work		5.82	3.21
	e	Life satisfaction		5.99	3.09
	f	Happiness		5.74	2.97
Factorial analysis	*1	interference (a + b + c + d + e + f)			
Perception of happiness	1	very happy	195	6	3.1
	2	happy		126	64.6
	3	little happy		56	28.7
	4	unhappy		7	3.6
Life satisfaction		0 – 10 (totally dissatisfied – totally satisfied)	195	6.54	1.84
Mental Health Inventory 5		1 – 6 (always, often, more than half, less than half, almost never, never)	195		
How long in the last week you are	1	nervous		3.28	1.16
	2	sad		3.47	1.15
	3	calm and at peace		3.50	0.96
	4	demoralized		4.29	1.33
	5	happy		3.42	1.05
		total score		52.37	18.25