Inguinal Schwannoma: case report of a difficult diagnosis

Schwannoma de Região Inguinal: relato de um caso de difícil diagnóstico

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Abstract

Shwannoma, a typically benign tumor predominant in the cranial pairs, is very rarely found in the inguinal region and poorly described among gynecological tumors. We report the case of a female patient with inguinal mass and the difficulties of the diagnosis of tumors in this region, showing the complexity and importance of the appropriate propaedeutic.

Keywords: Schwannoma; Neurilenom; Differential diagnosis; Gynecological surgery.

INTRODUCION:

Schwannoma is a typically benign tumor that originates from Schwann cells in the myelin sheath of nerves and rarely appears in pelvic or inguinal regions¹⁻³. Its diagnosis and treatment are difficult and depend on a good clinical reasoning. The main objective of this study is to report the case of a 57-year-old female patient with a nodule in the left inguinal region near the vulva, who was referred for a gynecological consultation. The aim of this study is to evaluate the difficulties of the diagnosis, which was discovered to be a schwannoma after an anatomopathological examination, an extremely rare tumor in such region.

CLINICAL CASE

A 57-year-old female patient, menarche at age 11 and surgical menopause at age 29 due to uterine myomatosis, without the use of Hormone Replacement Therapy. She attended the hospital with a complaint of a

*Acadêmico de medicina da Faculdade de Medicina Faceres **Ginecologia, Obstetrícia e Mastologia, Universidade São Francisco de Bragança Paulista. Ambulatório Médico de Especialidades de São José do Rio Preto, Faculdade de Medicina Faceres e Clínica privada. 2 cm nodule in inguinocrural region on the left, hardened, and adhered to deep and painless tissues for 20 days. At gynecological examination, vaginal touch and contralateral inguinal region showed no alterations, and there was also the absence of phlogistic signs in the affected region. She denied fever, dysuria, urinary disorders, weight loss or palpable subcutaneous nodules. Before the case, ultrasound of superficial structures, nuclear magnetic resonance (MRI) of the abdomen and pelvis, as well as fine needle aspiration (FNA) of the lesion and return for reassessment were requested. The initial diagnostic hypothesis was Lymph node or tumor.

The results were abdominal MRI without changes, no lymph nodes or liquid in the cavity; MR of the pelvis with absence of inguinal nodules, US of superficial structures presenting "Solid, heterogeneous nodule, regular contours in the subcutaneous cellular tissue, with discreet flow on Doppler = 1.7X1,2 cm, distant 0.2 cm of the skin. Lymph node?"; FNA with absence of malignant neoplastic cells – numerous neutrophils, lymphocytes and erythrocytes, discrete flow on Doppler.

In view of the situation, the excision procedure of the nodule of unclarified etiology was taken (Figures 1 and 2), and the necessary preoperative examinations were

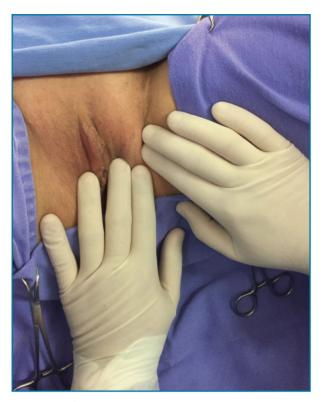


FIGURE 1. Before excision procedure

requested. The results showed no alterations that would make the surgical procedure difficult. After surgery, a fragment was sent to the anatomopathological examination (Figure 3) with a diagnostic conclusion of Schwannoma (Neurilenoma).

DISCUSSION

Schwannoma, previously known as Neurilenoma, appears predominantly in the cranial pairs in the spinal cord, being less frequent in the retroperitoneum, in the posterior mediastinum and in the pelvis. Other regions are considered rare, and there are no literature reports of this type of neoplasia in the inguinal region. These tumors are usually detected between the third and fifth decades of life, with an equal incidence in men and women²⁻⁵.

The skin lesion usually presents as a nodule, sessile-based, smooth surface, soft to palpation, variable size (1-3 cm on average), slow growth, and asymptomatic. Pain and tenderness may be present, especially in cases where tumor growth causes compression of the affected nerve and surrounding structures,



FIGURE 2. After excision procedure



FIGURE 3. Fragment sent to the anatomopathological examination

and even paresthesia may occur^{6,7-9}. Malignant transformation occurs in approximately 3-10% of the cases, presenting great cellular proliferation, atypical mitotic activity, cellular and nuclear pleomorphism and foci of necrosis, and a greater association with von Recklinghausen's disease^{3,6}.

Based on the literature, the appropriate diagnostic procedure commonly uses computerized tomography

(CT) as the first method. MRI, however, should always be the method of choice, although both do not often present conclusive alterations. One can attempt to diagnose the nature of the lesion through fine needle aspiration biopsy (FNAB)^{4,6}. If this is not conclusive, the next procedure is resection of the nodule for evaluation by conventional anatomopathological examination, in order to determine tumor malignancy or benignity⁶.

After definitive diagnosis of benignity, the treatment of choice is surgery with excision of the tumor nodule, preserving or not the tumor's nerve, depending on its importance^{2,3,10-13}. Tumor recurrence is low, and there is a significant association with the degree of mitotic count

Despite the difficult diagnosis due to the rarity of the case, when the research methods and appropriate treatment measures are followed based on medical semiology, the objectives of the medical care are fulfilled regardless of the etiology. Also important is the anatomopathological examination for the unmistakable diagnosis.

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