

# The effect of role ambiguity and role conflict on job performance in the hotel industry: the mediating effect of job satisfaction

O efeito da relação entre ambiguidade e conflito de funções na indústria hoteleira: o efeito mediador da satisfação do trabalho

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#### Abstract

Accommodation businesses are stressful workplaces due to their dynamic and demanding work environment. Role ambiguity and role conflict are major stress factors for hotel employees, causing low levels of satisfaction and performance and high levels of turnover. The main purpose of this study was to explore the mediating effect of job satisfaction on the relationship between role conflict, role ambiguity, and job performance. The data was collected through fully structured questionnaires from employees working in 3, 4 and 5 star hotels in Alanya, one of the leading tourism destinations in Turkey. The data was analyzed via structural equation modeling. The results revealed that both role conflict and role ambiguity have direct negative influences on job performance and job satisfaction for hotel employees. Moreover, it was also proved that job satisfaction mediates the effect of role conflict and role ambiguity on job performance. In line with the findings, theoretical and managerial implications, contributions, limitations, and future research directions were discussed. It was implied that role stress factors must be addressed seriously by hotel managers in order to increase job performance.

**Keywords:** Stress factors, role ambiguity, role conflict, job satisfaction, job performance, hospitality sector.

#### Resumo

As empresas de alojamento são locais de trabalho stressantes devido ao seu ambiente de trabalho dinâmico e exigente. Ambiguidade de funções e conflito de funções são fatores de stresse importantes para as empresas hoteleiras, causando baixos níveis de satisfação, desempenho e altos níveis de rotatividade. O principal objectivo deste estudo foi explorar o efeito mediador da satisfação profissional na relação entre conflito de funções, ambiguidade de funções e desempenho. Os dados foram recolhidos por questionários estruturados aos funcionários que trabalham em hotéis de 4 e 5 estrelas em Alanya, um dos principais destinos turísticos na Turguia. Os dados foram analisados através de modelagem de equações estruturais. Os resultados revelaram que a satisfação do trabalho mediou totalmente a relação entre a ambiguidade da função e o conflito da função e o desempenho do trabalho. De acordo com os resultados, as implicações práticas dos resultados, contribuições, limitações e futuras linhas de investigação foram discutidas.

**Palavras-chave:** Fatores de stresse, ambiguidade de funções, conflito de funções, satisfação no trabalho, desempenho no trabalho, setor hoteleiro.

#### 1. Introduction

Accommodation businesses are stressful workplaces due to their dynamic and demanding work environment with a culturally diverse customer segment (Choi, Mohammad, & Kima, 2019; Tiyce, Hing, Cairncross & Breen, 2013; Chiang, Birtch & Kwan, 2010). The hospitality industry, by definition, is characterized by high levels of customer contact. Customercontact service employees play a boundary-spanning role where they interact with many individuals from inside and outside of their organization (Gill, Flaschner, & Shachar, 2006). On top of that, customer expectations have increased dramatically in recent years in parallel with the increasing competition between accommodation businesses. As a result, businesses have higher expectations of their employees. Employees, on the other hand, must overcome ambiguities when they answer changing and conflicting demands of different customer groups. Ambiguity in how to perform a certain task is one of the main causes of work stress (Kim, Murrmann, & Lee, 2009; CahayaSanthi & Piartrini, 2020).

It is essential to lower stress in the workplace to an acceptable level in order to increase productivity, motivation, and commitment among employees. This is possible only with a comprehensive understanding of stress factors and having solid precautions against them (Altintas & Turanligil, 2018). Past research shows that the main stress factors specific to accommodation businesses are long and exhausting hours of work, low salaries, seasonal employment, job insecurity, high turnover rates, and limited career opportunities (Pizam & Thornburg, 2000; Jogaratnam & Buchanan, 2004; Cleveland, O'Neill, Himelright, Harrison & Crouter, 2007; Hwang, Lee, Park, Chang, & Kim, 2014; Chuang & Lei, 2011; Tiyce et al., 2013; Wen, Zhou, Hu, & Zhang, 2020). It also seems that role ambiguity and role conflict are among the most important antecedents of work stress (Kahn, Wolfe, Quinn, Snoek, & Rosenthal, 1964; Grobelna, 2015; Bettencourt & Brown, 2003; Fisher, 2001; Tiyce et al., 2013; Arshad, Shahidan, Ibrahim Siam, & Alshuaibi, 2020). Employees who are in direct contact with customers experience role ambiguity and role conflict in answering various demands from customers, managers, and other departments (O'Neill & Davis, 2011; Hu & Cheng, 2010; Kim, Ro, Hutchinson, & Kwun, 2014; Walsh, 2011). Given these premises, role ambiguity, role conflict, and work overload are leading stress factors in the hospitality sector according to many researchers (Ross, 1995; Altintas &

Turanligil, 2018; Jogaratnam & Buchanan, 2004; Cleveland et al., 2007; Hwang et al., 2014; Karatepe & Ehsani, 2012; Karatepe & Karatepe, 2010).

Role ambiguity and role conflict, which are among the main antecedents of work stress (Kahn et al., 1964; Grobelna, 2015; Bettencourt & Brown, 2003; Fisher, 2001; Tiyce et al., 2013; CahayaSanthi & Piartrini, 2020), occur mostly in large and complex organizational structures (Rizzo, House, & Lirtzman, 1970). A dynamic organizational environment and a changing employment and technological structure are also situational factors (Kahn et al., 1964). Role ambiguity and role conflict are common experiences in hospitality workplaces, due to the largely intangible nature of the service, concurrent consumption and production, and the key role of employees in producing the hospitality product (Tiyce et al., 2013). According to O'Neill and Davis's (2011) study, hotel employees experience work stress on 40–62% of workdays and the most common stress factors are inter-personal conflicts and role overload.

Hundreds of studies on the personal and organizational consequences of role conflict and role ambiguity indicate the high degree of attention of organizational studies on the subject. Past research points to many direct and indirect negative outcomes. The meta-analysis on 43 studies conducted by Fisher and Gitelson (1983) shows that role ambiguity and role conflict have negative effects on commitment, engagement, job satisfaction, and employee turnover. Similarly, Jackson and Schuler (1985) conducted a meta-analysis on approximately 200 studies and found that role ambiguity and role conflict cause low job satisfaction, stress, low commitment, intention to leave, absenteeism, and low job performance. According to Rizzo et al. (1970), employees experience stress, anxiety, low self-esteem, low job satisfaction, low productivity, and hostile feelings toward their organizations.

As stated above there are many studies on the effects of role ambiguity and role conflict on job performance and job satisfaction. Although organizational behavior researchers have studied role stress factors in detail, there seems to be a very limited number of studies which focus on the context of the tourism and hospitality sector. However, accommodation businesses in particular, where customers with a wide range of needs and expectations receive service 24/7, and employees have to work in a dynamic and unstable environment (Grobelna, 2015), constitute an ideal setting for problems stemming from role ambiguity and role conflict. This study aims to understand the mediating effect of job satisfaction on the relationship between role ambiguity, role conflict, and job performance in accommodation businesses.

This study has the potential to contribute to the organizational behavior and tourism and hospitality literature in certain aspects. First, although it is widely accepted that the hotel industry is stressful for employees, it hasn't attracted enough attention from work stress researchers (Jones, Chonko, Rangarajan, & Roberts, 2007; Cho, Johanson, & Guchait, 2009; Kim et al., 2009). So, examining role stress factors in the context of the hotel industry is believed to advance the literature. Moreover, even though it is commonly accepted that role ambiguity and role conflict cause low job performance, the mediating role of job satisfaction has not yet been empirically tested in the hospitality sector to the best knowledge of the authors of this paper. This research proposes that job satisfaction may be a key factor in explaining how role conflict and role ambiguity influence job performance.

The paper continues as follows: First, the theoretical framework of the study will be presented. After giving information about role ambiguity and role conflict, job satisfaction and job performance, the hypotheses will follow. The hypotheses will be developed based on theory and the results of past studies. Then the research model will be presented. Following the research model, the results of the confirmatory factor analysis (CFA) and the structural equation modeling (SEM) will be introduced. Finally, theoretical and managerial implications of the findings, contributions, limitations, and future research directions will be discussed.

#### 2. Theoretical Framework

## 2.1 Role Ambiguity and Role Conflict

Since the late 1950s and early 1960s, role ambiguity and role conflict along with other role theory constructs have gained serious attention in organizational behavior literature (Merton, 1957; Kahn et al., 1964). The theoretical base of role conflict and role ambiguity in organizations was provided by Kahn et al. (1964). Their role episode model explains the role phenomenon as a dynamic and continuous interaction between role senders (role set) and the role owner (focal person). This interaction takes place within a context influenced by organizational and individualistic factors such as size of the organization or motives and values of the role owner. According to the model, the role set demands the requirements of a particular role. The role owner perceives and processes the expectations and decides the right set of behaviors. Then the focal person performs the role, receives feedback and reevaluates her/his behaviors. It is important to note that the focal person always performs a perceived role. The perceived role behaviors may not satisfy the role set, and role senders' expectations may take the form of role pressures in the focal person's mind. The focal person might feel stressed about what role behaviors to perform and how to perform them as a result of role ambiguity and/or role conflict.

Role ambiguity occurs when the employee "does not feel she/he has the necessary information to perform her/his role adequately, when she/he is uncertain about what the members of her/his role set expect of her/him" (Walker, Churchill Jr, & Ford, 1975). This uncertainty may be regarding the task or the social environment. When an employee cannot be sure of the job requirements or ways to succeed, she/he may experience task ambiguity. Similarly, an employee suffers from socioemotional ambiguity when she/he cannot predict the possible outcomes of her/his informal behaviors (King & King, 1990).

Formal job definitions are usually highly effective in clarifying roles. However, a role is different than a job description. There are also informal and humanistic factors that form a role. Even if the job descriptions are crystal clear, people's expectations about a position may vary significantly (Rogers & Molnar, 1976). Role ambiguity can be a result of organizational or individual factors. Organizational factors include indefinite identifications of the role and communication errors in delivering the role requirements to the role owner. A complicated and frequently changing organizational structure, environmental changes, and insufficient organizational communication may trigger role ambiguity (Kahn et al., 1964). Individual factors are the factors that stem from the role owner. If the role owner doesn't perceive the requirements of the role, she/he cannot play it adequately. There must be a consensus between the role set and the role owner (Bible & McComas, 1963; Greene & Organ, 1973).

Gullahorn (1956) defines role conflict as a situation which occurs as a result of incompatible role demands. According to Kahn et al.'s (1964) role theory, role conflict includes two or more role pressures from various sources. According to the classical organization theory, role conflict has no place in a wellstructured organization with a solid chain of command (Rizzo et al., 1970). A position in the organization must come with a single role definition (Katz & Kahn, 1978). On the other hand, modern organizations have to change structurally according to environmental changes. Moreover, role conflict may arise not just out of organizational issues but also out of human relations (Nicholson & Goh, 1983). Role conflict in organizations is studied under various categories such as intra-sender conflict, inter-sender conflict, inter-role conflict and person-role conflict (Katz & Kahn, 1978). Intra-sender conflict occurs when a given member of a role set holds incompatible expectations (Griffin & Moorhead, 1989). Inter-sender conflict is the result of incompatible expectations from different members of a role set. A typical example is having different instructions from different managers regarding a specific piece of work. Inter-role conflict occurs when the focal person carries two or more roles with incompatible expectations (Sieber, 1974). For example, a hotel employee may be required to play different roles at work such as guest relations specialist, manager, subordinate and colleague. Lastly, person-role conflict stems from incompatibility between the requirements of a role and the values, needs, talents, and personality of the role owner. A religious or ethical employee might feel very uncomfortable in fulfilling an unethical but essential instruction.

Role conflict and role ambiguity cause many individual and organizational deficiencies. Past research shows that low job satisfaction and low job performance are among the most important negative outcomes (Khuong & Yen, 2016; Saha, Reddy, Mattingly, Moskal, Sirigiri, & De Choudhury, 2019; CahayaSanthi & Piartrini, 2020). Similar outcomes are observed in the hospitality sector. Karatepe and Uludag (2008) emphasize that hotel employees, especially those in frontline positions, experience severe role stress. And role conflict and role ambiguity are behind it (Karatepe & Sokmen, 2006). According to the data collected from 1645 hotel employees, role ambiguity has a direct negative effect on service quality (Lin & Ling, 2018). Furthermore, according to Grobelna, Sidorkiewicz, and Tokarz-Kocik (2016), both role conflict and role ambiguity are significant predictors of hotel employees' job satisfaction.

## 2.2 Job Performance

Job performance constitutes measurable activities of employees in fulfilling certain tasks and responsibilities (Viswesvaran & Ones, 2000). It can briefly be identified as the task or role performance level of an employee. The requirements of a certain task or a certain role are decided by the management (Campbell, 1990). So, job performance is an indicator of how well employees fulfill the job requirements for a certain position (Boshoff & Arnolds, 1995). Job performance is considered a multi-dimensional phenomenon in the literature (Befort & Hattrup, 2003; Viswesvaran & Ones, 2000). The most cited study on job performance (Borman & Motowidlo, 1993) presents two main dimensions - task performance and contextual performance. Task performance represents employee effort to accomplish expected tasks and responsibilities (Borman & Motowidlo, 1993; Robbins & Judge, 2017). Being highly related to the role requirements of the job, task performance constitutes the necessary behaviors which are identified in the job definition (Conway, 1999). Contextual performance, on the other hand, has no direct relation to tasks and responsibilities. It can be identified as the sum of behaviors which support the social and psychological context of an organization (Borman, 2004; Borman & Motowidlo, 1997). In this study, job performance is considered and analyzed as task performance.

Role clarity is an important indicator of task performance. Past studies show that task performance is negatively influenced by role ambiguity and role conflict. The meta-analysis by Abramis (1994) in which 88 studies were examined clearly indicates that role ambiguity has a negative effect on job performance and job satisfaction. Moreover, job satisfaction has a significant positive effect on job performance for hotel employees (Sari, Bendesa, & Antara, 2019).

#### 2.3 Job Satisfaction

Job satisfaction is an indicator of employees' contentedness regarding their jobs (Hackman & Oldham, 1975). Job satisfaction is expected to arise when job-related expectations, values and standards match with the job itself (Gordon, 1999). As expected, job satisfaction has many positive outputs for both organizations and employees. There are many studies in the literature which show that employees with a high level of job satisfaction tend to have higher commitment to their organization and are willing to be more productive and loyal. Job satisfaction is essential to the hotel industry, which has a service- and people-oriented nature. Satisfied employees have attitudes and behaviors that meet customer expectations. This increases service quality which leads to customer satisfaction and loyalty (Rust, Stewart, Miller, & Pielack, 1996; Kim, Leong & Lee., 2005; Karatepe & Sokmen, 2006).

Past studies show that job satisfaction is essential to customer satisfaction and therefore to financial performance and welfare in hotels (Borralha, de Jesus, Pinto, & Viseu, 2016). However it may be the most fragile component of success. As Kim et al. (2009, p. 612) state, job satisfaction is accepted as "one of the most subsequent job outcomes affected by role stress." And the context of tourism and hospitality is no exception. Role conflict and role ambiguity are negatively related to job satisfaction in the field of hospitality and tourism (Jung & Yoon, 2015; Lee & Hwang, 2016; Madera, Dawson, & Guchait, 2016; Kong, Jiang, Chan, & Zhou, 2018; Park, Ahn, Han, Back, & An, 2020).

## 3. Hypotheses

Working in a hotel can be a substantial source of stress because of the dynamic work environment and the high demand fluctuation (Faulkner & Patiar, 1997). Role ambiguity, role conflict, and excessive workload are accepted as the main stress factors in accommodation businesses (Ross, 1995; Altintas & Turanligil, 2018; Jogaratnam & Buchanan, 2004; Cleveland et al., 2007; Hwang et al., 2014; Karatepe & Ehsani, 2012; Karatepe & Karatepe, 2010). Hu and Cheng (2010), in their study on hotel managers in Taiwan, state that workload and job characteristics are strong antecedents of work stress. According to O'Neill and Davis (2011), hotel managers experience more stress in comparison to employees who have no managerial responsibilities. According to Zohar's (1994) study on hotel employees in Canada, role ambiguity and excessive work overload are strong stress factors, whereas role conflict doesn't seem to have a significant effect. On the other hand, Hwang et al. (2014), Kim et al. (2009), and Young and Corsun (2009) state that role conflict is an important stress factor. Cleveland et al. (2007) point to long, irregular, and unpredictable work hours as the most common work stress factors for hotel managers. According to their study, stress factors vary depending on department. Managers in the food and beverage department have an irregular schedule that includes holidays and weekends, whereas managers in human resources and accounting departments have a standard and planned schedule.

Role ambiguity and role conflict, which are the main role stress factors, have many direct or indirect negative consequences. According to Fisher and Gitelson's (1983) and Jackson and Schuler's (1985) meta-analyses, role ambiguity and role conflict negatively affect organizational commitment, job satisfaction, job performance and employee turnover. They also cause high levels of stress and absenteeism. The literature reveals that one major consequence of role ambiguity and role conflict is job dissatisfaction. Numerous studies prove that role ambiguity and role conflict have a direct negative effect on job satisfaction (House & Rizzo, 1972; Keller, 1975; Blalack & Davis, 1975; Bedeian & Armenakis, 1981; Brief & Aldag, 1976; Miles & Perreault, 1976; Acker, 2004; Faucett, Corwyn & Poling., 2013). Furthermore, this negative effect appears indirectly through the medium of stress (Bedeian & Armenakis, 1981; Goolsby, 1992), burnout (Reetz, 1988), and success-orientation (Johnson & Stinson, 1975). Role ambiguity and role conflict are important antecedents of job dissatisfaction for tourism and hospitality employees as well (Kim et al., 2009; Yang, 2010; Ross & Boles, 1994; Kong et al., 2018; Hight & Park, 2019). The above findings are also in line with the fact that role theory (Kahn et al., 1964) hypothesizes that role conflict and role ambiguity are negatively related to job satisfaction and performance (Schuler, 1975).Thus, the following hypotheses are proposed:

**H1:** Role conflict has a negative effect on job satisfaction for hotel employees.

**H2:** Role ambiguity has a negative effect on job satisfaction for hotel employees.

Job performance is essential to an organization's success and employees are the most important asset for tourism and service organizations (Kuşluvan, Kuşluvan, İlhan & Buyruk, 2010; Wu & Liang, 2009; Law et al., 1995; Barsky, Thoresen, Warren & Kaplan, 2004; Choi & Chu, 2001; Shamim, Cang, & Yu, 2017). Employees who can fulfill customer expectations provide a competitive advantage for their organizations (Hu, Horng & Sun, 2009). Still, human resources has a certain disadvantage, which is that employees are social and emotional beings who are open to the negative effects of the work environment (MacKinlay, 2003). Work stress has a negative effect on employees' job satisfaction and job performance (Chuang & Lei, 2011; O'Neill & Davis, 2011; Bemana, Moradi, Ghasemi, Taghavi & Ghayoor, 2013; Ross, 1997; Hsieh & Yen, 2005; Tubre & Collins, 2000; Barsky et al., 2004). Role ambiguity and role conflict are among the main work stress factors (Kahn et al., 1964; Grobelna, 2015; Bettencourt & Brown, 2003; Fisher, 2001; Tiyce et al., 2013).

Low job performance seems to be a main consequence of role ambiguity and role conflict (Bible & McComas, 1963; House & Rizzo, 1972; Dubinsky & Mattson, 1979; Miles & Perreault, 1976; Fried, Ben-David, Tiegs, Avital & Yeverechyahu, 1998; Zhou, Martinez, Ferreira, & Rodrigues, 2016; Amilin, 2017). This causality is also observed in the tourism and hospitality industry. In his study on hotel employees, Akgunduz (2015) found that role ambiguity and role conflict are negatively associated with job performance. Likewise, Karatepe and Uludag (2008) found a negative effect of job ambiguity on performance in their study on hotel employees in Northern Cyprus. Gilboa, Shirom, Fried & Cooper (2008) state in their meta-analysis that work stress is a strong antecedent of low job performance for hotel employees, especially for those in managerial positions. June and Mahmood's (2020) study also revealed that role ambiguity is a critical antecedent of job performance for service employees. So, in the light of role theory and the findings stated above:

**H3:** Role conflict has a negative effect on job performance for hotel employees.



**H4:** Role ambiguity has a negative effect on job performance for hotel employees.

Job satisfaction is an important predictor of job performance (Judge, Thoresen, Bono & Patton, 2001; Indarti, Fernandes, & Hakim, 2017). In fact, for decades, researchers have been so attracted to the relationship between job satisfaction and job performance that the search for ithas been referred to as the "Holy Grail" of the organizational behavior discipline (Weiss & Cropanzano, 1996). Even though past studies reveal a moderate-weak causality, researchers agree on a "commonsense" that satisfied employees perform better (Fisher, 2003). This common sense also has empirical evidence in the context of the service sector. High satisfaction improves productivity, whereas low satisfaction lowers performance (Yoon & Suh, 2003; Siengthai & Pila-Ngarm, 2016). Moreover, a systematic review of the literature shows that job satisfaction is crucial to the job performance of hotel employees, and job satisfaction increases in the absence of role stress factors (Borralha et al., 2016). The mediating effect of job satisfaction on the relationship between role stress and job performance in various organizations (Fried et al., 2008) is to be tested in the hospitality sector. Therefore, the following hypotheses are proposed:

**H5:** Job satisfaction has a positive effect on job performance for hotel employees.

**H6:** Job satisfaction has a mediating effect in the relationship between role ambiguity and role conflict and job performance.

### 4. Research Model

The explanatory research approach was adopted. Explanatory research aims to understand the causal effects between variables. Accordingly, this study focuses on the mediating effect of job satisfaction on the effect of role ambiguity and role conflict on job performance. In the research model, role ambiguity and role conflict are independent variables, whereas job performance and job satisfaction are dependent and mediating variables, respectively. Structural equation modeling (SEM) was utilized in order to test the multiple causalities in the model.

## 4.1 Sample

The population of the research consists of employees who work in five-, four- and three-star accommodation businesses in Alanya. Alanya is an important and popular tourism destination in the southern region of Turkey, and 11.60% of the country's total five-star accommodation businesses are located there. The situation is similar for other types of hospitality businesses as well (four-star hotels, apart hotels, etc.) (Yılmaz, Üngüren & Kaçmaz, 2019). After time and cost limitations were considered, purposive sampling, which is a nonrandom sampling method, was utilized for the research. The data was collected via questionnaire forms. Approximately 900 forms were distributed to 28 hotels and 623 of those forms were collected. Forty-eight returned forms were left blank by the participants, so they were not included in the analysis. A further 41 forms were not included in the analysis because they were detected as outliers when boxplot and mahalanobis analyses were conducted. A total of 534 questionnaire forms were included in the analysis. Therefore, the minimum sample size requirement for SEM is adequately fulfilled statistically (Anderson & Gerbing, 1988).

#### 4.2 Measurement Tools

To measure employee perceptions of role ambiguity and role conflict, the role ambiguity and role conflict scale developed by Rizzo et al. (1970) was used. The reliability of the scale was proved by Schuler, Aldag & Brief (1977) and House, Schuler & Levanoni (1983). Rizzo et al. (1970) conducted the questionnaire on 1573 employees and the internal consistency coefficients were 0.87 and 0.82 for role ambiguity and role conflict, respectively. As the scale has been widely utilized in the literature, it has been frequently tested. In Jackson and Schuler's (1985) meta-analysis covering 200 studies on role ambiguity and role conflict, the reliability coefficient of the scale is 0.76 at minimum. The mediating variable, job satisfaction, was measured via the job satisfaction subscale of the Michigan Organizational Assessment Questionnaire. The scale has high internal consistency according to past research (Spector, 1997). Bowling and Hammond (2008) have also presented its construct validity. To measure job performance, which is the dependent variable of the research, three items from Ramos-Villagrasa, Barrada, Fernández-del-Río & Koopmans 2019) study were adapted. Even thoughit can be a subject of debate, Karatepe et al. (2006) state that the use of a self-report measure for performance does not lead to inflated results. The questionnaire items were on a five-point Likert-type scale, ranging from 1 (strongly disagree) to 5 (strongly agree). A pilot study was conducted on 30 employees before the data collection process in order to ensure an accurate and healthy measurement. As it was determined through the preliminary study that there was no problem, the items remained unchanged.

## 4.3 Data analysis

Before the research model was tested, extreme outliers were identified with boxplot and mahalanobis analysis. To determine the normal distribution, skewness and kurtosis values were examined. The demographic data of the participants was analyzed via frequency and percentage analyses. The research model was tested in two phases as proposed by Anderson and Gerbing (1988). In phase one, reliability and validity results of the measurement were determined via confirmatory factor analysis (CFA). Besides the goodness of fit indexes, convergent validity and discriminant validity values were also calculated in order to test the construct validity and reliability of the scales. In phase two, the hypotheses of the study were tested via structural equation modeling (SEM). The mediating effect of job satisfaction on the relationship between role ambiguity and role conflict and job performance was tested the by B-K method (Baron & Kenny, 1986).



# 5. Results

# 5.1 Demographic findings

Participants' demographic characteristics are shown in Table 1. The study participants included 534 employees from various departments in 28 hotels. The percentages of male and female participants appeared to be very close. The overwhelming majority (80.2%) of the respondents were between the ages of 18 and 37. Most of the respondents were high school graduates (46.3%). Participants were from seven different hotel departments. The results indicated that most of the respondents were food and beverage (35%) and front office (18.5%) employees. As shown in Table 1, the majority (48.3%) of the respondents worked in five-star hotels. Almost half of the participants (45.9%) had been working in their current organization for less than a year, whereas only 9.4% had tenures of seven years or more.

|                   | %    |
|-------------------|------|
| Gender            |      |
| Female            | 44.8 |
| Male              | 55.2 |
| Age               |      |
| 18-27             | 34.6 |
| 28-37             | 46.6 |
| 38-47             | 15.9 |
| 48 and above      | 2.8  |
| Education         |      |
| Primary School    | 16.5 |
| High School       | 46.3 |
| Two-year Degree   | 20.8 |
| Undergraduation   | 16.5 |
| Department        |      |
| Front Office      | 18.5 |
| Housekeeping      | 12.9 |
| Accounting        | 7.7  |
| Human Resources   | 6.9  |
| Food and Beverage | 35.0 |
| Kitchen           | 12.5 |
| Purchasing        | 6.4  |
| Hotel             |      |
| Three-star        | 21.9 |
| Four-star         | 29.8 |
| Five-star         | 48.3 |
| Tenure            |      |
| Less than 1 year  | 45.9 |
| 2-4 years         | 25.8 |
| 5-6 years         | 18.9 |
| 7 years and above | 9.4  |

### Table 1. Demographic Breakdown of the Sample (n=534)

## 5.2. Measurement Model

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In our analysis of the measurement model, a two-step approach was utilized in the structural equation modeling analysis based on Anderson and Gerbing (1988). In step one, the reliability and validity of the measurement model were tested via confirmatory factor analysis. In step two, the hypotheses were tested via structural equation modeling. The confirmatory factor analysis results are shown in Table 2. The measurement model reveals that goodness-of-fit statistic values are very satisfactory ( $\chi$ 2=213.007, df=112,  $\chi$ 2/df=1,902; p=.000;

RMSEA=.041; AGFI= .940, GFI=.956, CFI=.994, IFI=.994, NFI=.988, RFI=.985). According to the CFA results in Table 2, the standardized factor load values for each item are above 0.70. All items in scales have a high t value and factorized in a statistically significant way (p<0.05). Skewness and kurtosis values were calculated to test the normality distribution. Skewness and kurtosis values of the items took a value between +1.5 and -1.5, which indicates that the data meets the multivariate normality assumption (Tabachnick & Fidell, 2007).

| Table 2 - Results | of the N | Veasurement | Model |
|-------------------|----------|-------------|-------|
|-------------------|----------|-------------|-------|

| Constructs | Items           | Mean | Standardized Loadings | t-Value  | Skewness | Kurtosis | Cronbach's alpha |  |  |
|------------|-----------------|------|-----------------------|----------|----------|----------|------------------|--|--|
|            | Ambiguity 1     | 2.90 | .921                  | Fixed    | -0.06    | -0.90    |                  |  |  |
|            | Ambiguity 2     | 2.97 | .909                  | 77.057** | 0.00     | -0.91    |                  |  |  |
| Role       | Ambiguity 3 (-) | 2.93 | .858                  | 67.444** | -0.04    | -0.87    |                  |  |  |
| Ambiguity  | Ambiguity 4     | 2.92 | .833                  | 65.064** | -0.03    | -0.87    |                  |  |  |
|            | Ambiguity 5     | 2.95 | .826                  | 60.322** | -0.02    | -0.84    | .911             |  |  |
|            | Ambiguity 6 (-) | 2.96 | .808                  | 59.583** | 0.01     | -0.81    | .911             |  |  |
|            | Conflict 1      | 2.79 | .948                  | Fixed    | 0.21     | -0.85    |                  |  |  |
|            | Conflict 2      | 2.81 | .920                  | 72.341** | 0.19     | -0.83    |                  |  |  |



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| Constructs         | Items              | Mean | Standardized Loadings | t-Value  | Skewness | Kurtosis | Cronbach's alpha |
|--------------------|--------------------|------|-----------------------|----------|----------|----------|------------------|
|                    | Conflict 3 (-)     | 2.81 | .848                  | 69.933** | 0.21     | -0.88    | .923             |
| Role Conflict      | Conflict 4         | 2.84 | .820                  | 67.454** | 0.11     | -0.85    |                  |
|                    | Conflict 5 (-)     | 2.80 | .769                  | 65.429** | 0.21     | -0.78    |                  |
| Job                | Satisfaction 1     | 3.08 | .918                  | Fixed    | -0.20    | -0.80    |                  |
| Satisfaction       | Satisfaction 2 (-) | 3.10 | .902                  | 51.255** | -0.11    | -0.82    | .916             |
|                    | Satisfaction 3     | 3.08 | .878                  | 46.100** | -0.27    | -0.84    | .916             |
| l.e.b.             | Performance 1      | 3.74 | .965                  | Fixed    | 0.02     | -1.17    |                  |
| Job<br>Performance | Performance 2      | 3.76 | .910                  | 87.852   | 0.01     | -1.19    | 019              |
|                    | Performance 3      | 3.73 | .878                  | 65.293   | 0.05     | -1.15    | .918             |

\*\*p < .01; (-): Reverse coding.

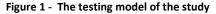
In the next step of the measurement model, convergent validity, discriminant validity, and construct reliability were examined for construct validity. As shown in Table 3, all composite reliability (CR) values of the constructs exceed the recommended threshold of 0.70. Also, it can be seen that average variance extracted (AVE) values for all variables are above 0.50 and CR values are higher than AVE values (Table 3). These results show that all variables in the research model have convergent validity (Fornell & Larcker, 1981). MSV (maximum shared variance), ASV (average shared variance) and cross loading values were calculated in order to test discriminant validity. Scales have discriminant validity when MSV and ASV

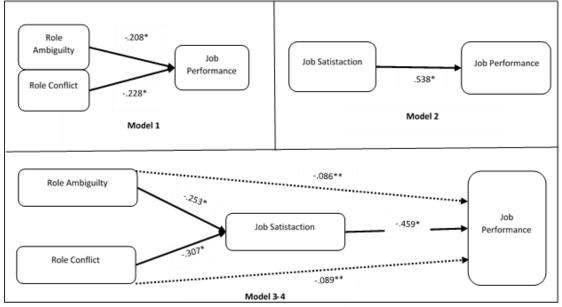
values are lower than AVE values, and when the square root values of AVE are higher than the correlation values of corresponding variables, according to Fornell and Larcker (1981). Accordingly, as seen in Table 3, MSV and ASV values of all the variables in the model are lower than AVE values, and the squares of all correlation values are lower than AVE values. To test the reliabilities of the scales, Cronbach's Alpha values were calculated. Cronbach's Alpha values appear to be between .911 and .923 (Table 2). This also indicates that the scales are statistically reliable (Hair et al., 2010). In general, it was determined that the research model is reliable and has convergent and discriminant validities.

|                     | 1      | 2      | 3     | 4 | AVE  | CR   | MSV  | ASV  |
|---------------------|--------|--------|-------|---|------|------|------|------|
| 1. Job Satisfaction | 1      |        |       |   | .809 | .927 | .281 | .219 |
| 2. Job Performance  | 0.53   | 1      |       |   | .843 | .942 | .281 | .172 |
| 3. Role Ambiguity   | -0.422 | -0.338 | 1     |   | .740 | .945 | .339 | .210 |
| 4. Role Conflict    | -0.446 | -0.347 | 0.582 | 1 | .746 | .936 | .339 | .219 |

## 5.3 Structural model

After the research model was validated, the hypotheses were tested via SEM. In this step, the mediating effect of job satisfaction on the relationship between role ambiguity and role conflict and job performance was tested. Baron and Kenny (1986) state three conditions for a mediation model. These conditions are (1) the independent variable must have a significant effect on the dependent variable; (2) the independent variable must have a significant effect on the mediating variable(s), and (3) the mediating variable must have a significant effect on the dependent variable (Figure 1).





Accordingly, a three-step SEM analysis was conducted (Figure 1). The goodness-of-fit statistic values of SEM results in Model 1 are seen to be satisfactory ( $\chi$ 2=176.307, df=74,  $\chi$ 2/df=2.38; p=.000; RMSEA=.051; AGFI=.938, GFI=.956, CFI=.993, IFI=.993, NFI=.988, RFI=.986). According to the results of Model 1 in Figure 1, role conflict ( $\beta$ =-.228, p<.001) and role ambiguity ( $\beta$ =-.208, p<.001) have a negative and statistically significant effect on job performance. So, the first condition (Baron & Kenny, 1986) is fulfilled. Model 2's goodness-of-fit statistic values are seen to be satisfactory also ( $\chi$ 2=30.582, df=8,  $\chi$ 2/df=3.82; p=.000; RMSEA=.052; AGFI=.952, GFI=.982, CFI=.995, IFI=.995, NFI=.994, RFI=.988). The SEM results of Model 2 show that job satisfaction, which is the mediating variable, has a positive and significant effect on job performance ( $\beta$ =.538, p<.001), which is the dependent variable. So, the second condition for a mediating model is also fulfilled. Model 3's goodness-of-fit statistic values are also satisfactory (x2=176.134, df=74, χ2/df=2.38; p=.000; RMSEA=.051; AGFI=.936, GFI=.955, CFI=.933, IFI=.993, NFI=.988, RFI=.985). According to the SEM results of Model 3, the independent variables of the model,

which are role conflict ( $\beta$ =-.307, p<.001) and role ambiguity ( $\beta$ =-.253, p<.001), have a negative and significant effect on job satisfaction, which is the mediating variable. The results of the analyses for all three models seem to fulfill the conditions determined by Baron and Kenny (1986).

Model 4 which is shown in Table 4 shows the results of the mediating effect of job satisfaction on the effect of role conflict and role ambiguity on job performance. The statistical values of Model 4 indicate the integrity of the model ( $\chi$ 2=2013.007 df=112,  $\chi$ 2/df=1.90; p=.000; RMSEA=.041; AGFI=.940, GFI=.956, CFI=.994, IFI=.994, NFI=.988, RFI=.985). The results in Table 4 show that when the mediating variable, which is job satisfaction, is included in the model, the effect of role conflict ( $\beta$ =-.089, p>.005) and role ambiguity ( $\beta$ =-.086, p>.005) on job performance seems to diminish. In other words, the SEM results of Model 4 prove that job satisfaction has a significant mediating effect on the relationship between role conflict, role ambiguity, and job performance.

|          |                  |               |                  | β    | t      | р    |
|----------|------------------|---------------|------------------|------|--------|------|
| Model 1  | Role Conflict    | $\rightarrow$ | Job Performance  | 228  | -4.542 | .000 |
| NIOUEI I | Role Ambiguity   | $\rightarrow$ | Job Performance  | 208  | -4.147 | .000 |
| Model 2  | Job Satisfaction | $\rightarrow$ | Job Performance  | .538 | 14.007 | .000 |
|          | Role Conflict    | $\rightarrow$ | Job Satisfaction | 307  | -6.391 | .000 |
| Model 3  | Role Ambiguity   | $\rightarrow$ | Job Satisfaction | 253  | -5.262 | .000 |
|          | Role Conflict    | $\rightarrow$ | Job Performance  | 086  | -1.844 | .069 |
|          | Role Ambiguity   | $\rightarrow$ | Job Performance  | 089  | -1.817 | .048 |
| Model 4  | Role Conflict    | $\rightarrow$ | Job Satisfaction | 307  | -6.390 | .000 |
| WOULD 4  | Role Ambiguity   | $\rightarrow$ | Job Satisfaction | 253  | -5.280 | .000 |
|          | Job Satisfaction | $\rightarrow$ | Job Performance  | .459 | 10.522 | .000 |

## Table 4 - The Results Regarding Structural Equation Modeling

# 6. Discussion and Conclusion

This study examined the effect of role stress factors, which are role conflict and role ambiguity, on job performance, as mediated by job satisfaction in the context of tourism and hospitality. Empirical results supported the proposed model of the study. More specifically, the results showed that both role conflict and role ambiguity have direct negative influences on job performance and job satisfaction for hotel employees. Moreover, it was also proved that job satisfaction mediates the effect of role conflict and role ambiguity on job performance. The theoretical and practical implications of these findings are discussed below.

The findings make certain contributions to the existing literature. Most importantly, gathering empirical findings regarding the outcomes of role stress factors in the context of accommodation businesses is important to advance the existing tourism and hospitality literature. This study answered a call from past studies that hotels constitute a stressful work environment and must be examined more thoroughly (Kim et al., 2009). Characterized by uncertainties, changing customer needs, and conflicting demands of customers and hotel management, hotels are indeed favorable environments for role conflict and role ambiguity (Faulkner & Patiar, 1997). According to Sönmez, Apostolopoulos, Lemkeb, and Hsieh (2020), hospitality employees have experienced a serious increase in job stress in the last 15–20 years compared to other sectors. And The World Health Organization declared workrelated stress as one of the biggest challenges of the 21st century (Houtman, Jettinghoff, & Cedillo 2007). Role conflict and role ambiguity are major sources of job stress (Tameirão & Nunes, 2019).

The empirical findings of this study support the findings of past studies. Employee job performance, as a major indicator of organizational performance, is studied frequently in management literature. Service quality, which is the leading success factor in the tourism and hospitality sector (Al-Ababneh, 2018), is highly correlated with job performance (Machado et al., 2019). High performing employees are crucial for competitive advantage (Li, Sanders, & Frenkel; Üngüren, 2019; Wu & Ko, 2013; Yun, Takeuchi, & Liu, 2007). Accordingly, it is critically important to understand the factors that affect employee job performance in accommodation businesses (Karatepe & Sokmen, 2006). Successful companies allocate

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resources to search for ways of increasing employee job performance (George & Weimerskirch, 1994). Past studies found that job satisfaction has an important effect on employee job performance (Bayfield & Crockett, 1955; Judge et al., 2001; Sheridan & Slocum, 1975; Riketta, 2008; Borralha et al., 2016). High levels of job satisfaction increase employee productivity, whereas job dissatisfaction has significant negative effects (Yoon & Suh, 2003; Jankingthong & Rurkkhum, 2012). Job satisfaction seems to be the most frequently studied phenomenon in the context of tourism and hospitality (Borralha et al., 2016). This study also shows that job satisfaction has a positive effect of employee job performance.

The existing literature also shows that role conflict and role ambiguity cause many negative organizational and individual outcomes, including low job satisfaction and low job performance (Rizzo et al., 1970; Ross & Boles, 1994). In the hospitality sector, even if job descriptions are solidly determined, various and changing demands from customers and hotel management may cause role conflict and role ambiguity among employees (Kim et al., 2009). Past research conducted in accommodation businesses shows that role conflict and role ambiguity have negative effects on job satisfaction and job performance (Karatepe & Uludağ, 2008; Grobelna, 2015). Consistent with the findings of prior empirical research, the proposed model of this study is supported by data. So, according to the results, role conflict and role ambiguity have a negative effect on both job satisfaction and job performance. Also, job satisfaction has a mediating effect on the relationship between role ambiguity, role conflict and job performance. In other words, role conflict and role ambiguity cause job dissatisfaction among hotel employees, which subsequently leads to low job performance. The results are believed to be important both for researchers and practitioners in the hospitality sector.

The effect of employee performance on an organization's success cannot be denied. A company achieves its goals through the work of its employees (Campbell, 1990; Rotundo & Sockett, 2002). Employees play an even greater role in the hospitality and service sectors, where customer satisfaction and loyalty are created through direct contact (Choi & Chu, 2001). Tourism management literature points to a linear relationship between employee job performance and service quality for accommodation businesses (Wu & Ko, 2013; Mei, Dean, & White, 1999; Clemes, Wu, Hu, & Gan, 2009). However, job stress seems to be a problem which must be solved effectively by managers as it affects job performance negatively (Ross, 1995). It is known that when proper coping strategies are developed and implemented, job stress levels can be reduced, if not removed altogether (O'Neill & Davis, 2011).

The results seem to have clear advice for managers and practitioners in hospitality sector: To increase employee performance in a hotel, management must be aware of employees' feelings and desires at their workplace. Employees don't fulfill their tasks adequately when they have negative feelings toward their company. One of the reasons an employee has negative feelings is role stress, which includes role conflict and role ambiguity (Schuler, 1985). So, specifically, role stress factors must be addressed seriously. Evaluation and determination of factors that cause role conflict and role ambiguity could be the first step. According to Karatepe (2010), close supervision decreases the effect of role conflict and role ambiguity on job satisfaction. Lin and Ling (2018) also state that psychological empowerment may diminish the negative effect of role ambiguity on service quality. Similarly, Kaya (2010) also addresses the role of supervisors in the hospitality sector: A healthy relationship and harmony between supervisors and employees improve job satisfaction and performance.

Managers may improve their employees' job performance (and job satisfaction) by ensuring that employees understand what is expected of them and how their effort makes a difference. When the right person is employed in the right position under favorable conditions, she/he can turn her/his potential into superior performance. In order to choose the right person for the right job, the company must first clarify the job requirements and job responsibilities (Üngüren, 2019). The findings by Rod, Carruthers & Ashill (2006) show that clarified roles and responsibilities reduce role ambiguity for frontline employees. Moreover, managers must also ensure that employees don't receive conflicting orders from different sources and don't have to deal with an excessive workload. Removing sources of role stress and dissatisfaction from the work environment will keep employees productive and satisfied (Kumar, Dass & Topaloglu, 2014) and enable them to contribute significantly to organizational success (Cho, Choi, & Lee, 2014; Chuang & Lei, 2011).

According to the findings of the study, job satisfaction seems to be a key component that can diminish the negative effects of role conflict and role ambiguity on job performance. Past research also suggests that low job satisfaction harms performance and reduces customer satisfaction (Yee, Yeung & Cheng, 2008; Lambert & Hogan, 2009). According to Kong et al. (2018), organizational support is crucial to increase job satisfaction. Furthermore, Acker (2004) states that the social support of managers also decreases employee role conflict. So, hotel managers must develop effective human resources practices to support their employees. Current studies point to the benefits of mindfulness training for employees, including the ability to manage difficult feelings, improved relationships (Warriner, Hunter & Dymond, 2016), and increased levels of job satisfaction (Hülsheger, Alberts, Feinholdt & Lang, 2013). Such training can be effective for job satisfaction and job performance.

### 6.1 Limitations and implications for future research

One important limitation of this study is that only a few factors that may influence job performance in hotels were controlled. Although a guiding causality was found, job performance of hotel employees surely must have many other affecting factors. So, the model can also be tested with additional behavioral and organizational factors specific to the hospitality sector. Another limitation might be the generalizability of the findings. Although the results are likely to be generalizable to other hotel properties in Turkey, it is possible that they do not generalize to other service firms or to those outside of Turkey. However, the fact that this study's findings are consistent with the findings of prior studies conducted in different contexts supports the generalizability of the current findings. Future studies are encouraged to collect data from different regions and different types of organizations in the tourism and hospitality sector. Furthermore, employment in the tourism and hospitality sector is being severely affected by the Covid-19 pandemic as it has hindered tourism activities all around the world (Yang, Zhang, & Chen, 2020). The pandemic also worsened the working conditions of tourism employees, which were stressful to begin with. Millions of employees had to go on unpaid leave or even lost their jobs because of the lockdown (Sönmez et al., 2020). In this context, it would be important to examine the effect of the Covid-19 pandemic on work stress and job performance for tourism and hospitality employees.

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